

When Grief Doesn't Get the Final Word

with Stephen Ongo

CAN I TRUST GOD EVEN WHEN I NEVER GET AN ANSWER TO "WHY?"

TRUTH TO CARRY

Trust does not require understanding everything first.

There are questions that may not receive the answer we want. Trusting God doesn't mean pretending the loss didn't hurt, rushing grief, or denying the questions we carry.

Sometimes trust simply says: **I don't understand this, God. But I'm still willing to walk with You.**

REFLECTION QUESTIONS

- What "why" have I been carrying that still doesn't have an answer?
- Have I been waiting for understanding before allowing myself to take another step?
- Is pain attached to a memory in a way that makes it difficult for me to remember anything else?
- Where can I recognize that God has already carried me, even if my story is still unfolding?

PRAYER PROMPT

Tell God honestly what you don't understand. Name what still hurts and what you wish had happened differently. Then ask Him to help you recognize where He may be inviting you to trust Him without requiring an explanation first.

GRIT PRACTICE

Write down one unanswered "why." Don't try to solve it. Underneath it, write:

I may not understand this, but I can still choose my next faithful step.

Then name one small act of trust you can take this week.

CLOSING REMINDER

Something can be final without being the end of your story. Loss can change you without being allowed to define everything that comes afterward.

Your questions are real. Your grief deserves room. And God can still walk with you into what comes next.

Keep walking with Him - one honest step at a time.