

Glory & Grit Podcast

Episode 18 Reflection Guide When Believing God Becomes Trusting God

Take a few moments to reflect on this episode. You may want to write your thoughts, pray about them, or discuss them with someone you trust.

- Where in my life do I believe in God, but struggle to fully trust Him?
- What area of control might God be inviting me to surrender?
- Is there a place where I need to take more ownership instead of staying stuck in blame, shame, or fear?
- Who is a safe, faithful person who can help hold me accountable?
- What is one small step of trust I can take this week?

Closing Scripture

Proverbs 3:5–6

“Trust in the Lord with all thine heart; and lean not unto thine own understanding.
In all thy ways acknowledge him, and he shall direct thy paths.”

Continue the Conversation

If this reflection guide helped you, consider sharing this episode with someone who might need encouragement today.

You can find more episodes and reflection guides at gloryandgritpodcast.com.

Thank you for being part of the Glory & Grit community.